

Monthly Safety Training



DISTRACTED DRIVING

APRIL 2024

TEXTING AND DRIVING! DRIVER DISTRACTIONS

CLICK HERE: <https://bit.ly/3M6gwLI>



IT'S A RISK.

Texting is one of the most dangerous forms of distraction. It involves visual, manual, and cognitive distraction. The odds of being involved in a safety critical event are 23 times more likely for drivers who text than those who don't.

IT'S THE LAW.

Drivers are prohibited from texting while driving. Texting while driving can result in driver disqualification for up to 120 days. Penalties can be up to \$2,750 for drivers and up to \$11,000 for employers.

HOW RISKY IS IT?

Driving at 55 mph, a truck travels 403 ft in 5 seconds. By the time you read or send a text, you have already traveled the length of a football field including the endzones.

WHAT SHOULD YOU DO?

Remove temptations. Put the cell phone out of reach. Put your phone on do not disturb or silent mode. One text or call could wreck it all!



TAKE THE QUIZ!

We have created short, fun games for each monthly safety training topic. Scan or click the code to play along!

