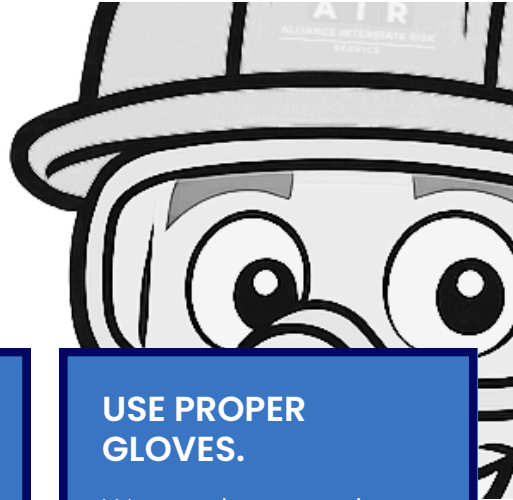


Monthly Safety Training



CHOOSE SAFE FOOTWEAR.

Select cushioned, supportive, slip-resistant shoes; use steel or composite toes when handling heavy freight.

USE PROPER GLOVES.

Wear task-appropriate gloves (securement, fueling, trailer hookups, etc). Choose the correct type: cut-resistant, chemical-resistant, or temperature-rated.

PROTECT YOUR HEAD.

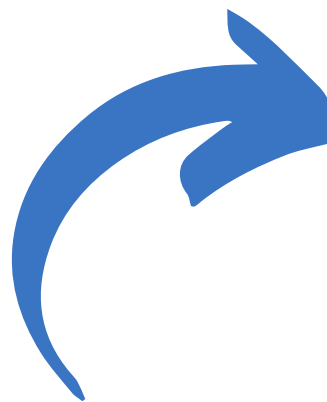
Wear a hard hat anywhere overhead hazards exist; consider a chin strap for added stability.

STAY VISIBLE. ALWAYS.

Use high-visibility vests, shirts, or coats when around traffic, vehicles, or mobile equipment.

SHIELD YOUR EYES.

Wear safety glasses during mechanical work, cleaning, trailer sweeping, and pre/post-trip inspections.



PPE & EQUIPMENT SAFETY

AUGUST 2026

Personal Protective Equipment
bit.ly/4ugoR3R



SCAN THE CODE, LEARN MORE.

We have selected a video from our Safety Library for each monthly safety training topic. Scan or click the code to view it!