



**Alabama Trucking Association
Workers Compensation Fund**



An OSHA Cooperative Program

A Newsletter For Our Members Where Safety Is Our Primary Concern!

**October
2017**

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**Alabama Trucking Association
Workers' Compensation Fund
2017 Loss Control/Claims Seminars**

It's not too late to register for one of our Loss Control/Claims Seminars! We will explore new opportunities and seek solutions to help you better understand claims and safety management to today's many challenges.

These Seminars are FREE and open to all ATA members and ATA WC Fund Members. Topics to be addressed include: DOT/FMCSA update, MVA Fatalities, OSHA - Hazard Recognition/Abatement, Safety Culture and Claims reporting/management.

Seminar #1 (Birmingham) - Pelham Civic Complex, Tuesday, October 31, 2017

Seminar #2 (Montgomery) – ATAWCF Building, Wednesday, November 1, 2017

Seminar #3 (Mobile) – Five Rivers Delta Resource Center, Thursday, November 2, 2017

Registration and continental breakfast begins at 8:00am. Lunch will be provided by the ATA WC Fund. Each Seminar will conclude by 2:00pm with questions and answers session.

All personnel attending must be registered with the ATA Work Comp Fund. To sign up, either contact your Regional Loss Control Consultant or you may call the office at 334-834-7911.

Loss Control Consultants:

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This is a great opportunity to learn key elements in creating a culture of accident prevention that will help reduce your work comp losses. We look forward to seeing you at one of the Loss Control Seminars.



Working in the dark

We continue to have drivers become injured while working in the dark. They might be utilizing three-point contact procedures; however, they do not check the ground outside before exiting the cab. There are also times when drivers/employees simply step in pot holes or slip/fall from uneven surfaces while walking in the dark. Follow these simple Safety Tips to help prevent injuries while working in the dark.

Safety Tips for Working in the Dark

Employers

Install LED lights at the bottom of the door so that it lights up when door is opened (similar to your refrigerator).



Make sure work areas have good lighting.

Provide LED headlamps to all employees who work outside after dusk or before dawn.

Remind workers to clean up or remove tripping hazards.

Encourage workers to be aware of potential haz-

ards and either fix them or report them.

Drivers

Day or night, during your pre-trip inspection, have a light handy as you complete your inspection.

Keep your hands free by using an LED headlamp instead of a flashlight.

Carefully check the ground outside your cab and around the truck and trailer for trip or slip hazards.

Wear high-visibility clothing or vest.

Reflective Vests

Each year trucking industry workers are injured and/or killed when hit by other drivers who do not see them. When you need to get out of your truck because it broke down or has a flat tire, or you need to check or secure your load, or you are making a delivery.... For whatever you are doing, put on a high visibility vest.



Be the **BRIGHT** person!

Take time to check your chains....

Summer has wrapped up and Winter will be here before you know it. When the snow starts, you don't want to be taking your first look at those chains that have been hanging under your trailer for the past six months.

Drivers

Take time now to lay out and inspect each chain for wear and breaks.

Double check by installing all your chains to make sure there isn't something you missed during the initial inspection.

Restock enough extra bungies to keep chains tight.

Hooks out!!!

Employers

Make sure all your drivers are trained to properly install chains.

Set aside time for drivers to inspect their chains.

Make sure your inventory is stocked with plenty of good condition chains.

