

SLIPS, TRIPS & FALLS SAFETY BLITZ! TOUCHDOWN!



**FRIDAY
SEPTEMBER 17TH**

WATCH THE HIGHLIGHTS

Slips, trips, and falls make up over 50% of all work-related injuries; 80% of them happen while the truck is stopped. If you've been watching the film each day, you can see that the majority of falls are the result of slips or trips; approximately 70% to be exact. The remaining 30% are from a height.

Now, let's drill down to the two leading reported claims we see at the ATA Comp Fund and Alliance Interstate Risk.

FALLS FROM A FLATBED TRAILER

83% of total falls come from the back of the trailer, the truck step and the cargo being transported. Due to the nature of the flatbed driver's duties, they are exposed to a greater risk of falling... and a heightened need for situational awareness at all times.

- Use fall protection (when available).
- Contact your Driver Manager/Supervisor before getting on the trailer.
- SITUATIONAL AWARENESS! Watch your step when on or around the trailer. Stepping off an edge can happen to anyone.
- Pay attention to hazards such as ice, snow, and water.
- Use access ladder (if equipped).
- DO NOT JUMP from the trailer; climb down using the 3-point contact rule.
- Always stay to the center of empty flatbed trailers.
- Watch for straps, chains, loose tarps, bungees, etc. on loaded flatbed trailers.
- Watch for shifting or falling freight.
- Wear appropriate shoes.
- Use caution while tarping in windy condition.
- Never stand on the load or tarp.

HAVE AN MVP SEASON

Most slip, trip, or fall injuries are preventable with the right preparation... and focus on situational and surrounding awareness. Part of developing a culture of safety is constantly keeping this awareness at the forefront of employees' and drivers' minds. Consistent training and making safety a BIG DEAL will keep your company in the win column year after year.



ENTERING/EXITING THE CAB

Almost 80% of trucker fall injuries occur close to the cab, with more than half occurring when exiting. Most of these injuries are preventable and caused by driver error... by not following the 3-point contact rule.

- Maintain 3-points of contact while getting onto or off of the equipment until you reach the ground, cab, or stable platform. One hand/two feet OR two hands/one foot on the equipment AT ALL TIMES.
- ALWAYS face the equipment when mounting and dismounting.
- Do not climb down or up with something in your free hand.
- Wear slip-resistant shoes with good support.
- Slow down and use extra caution in bad weather.
- Look for obstacles on the ground before exiting.
- Get a firm grip on rails and handles with your hands.
- Do not use unauthorized handholds such as door frames or door edges.
- Do not use tires or wheel hubs as a step surface.
- Use adhesive striping material or anti-skid paint wherever possible.

